



**DO YOU WANT
TO BECOME
A HEALTH
PROFESSIONAL
THAT ASSESSES,
DIAGNOSES AND
TREATS DIETARY
PROBLEMS?**

**BACHELOR DEGREE
IN DIETETICS IN JUST
UNDER 3 YEARS!**

**UNIVERSITY of INFORMATION
TECHNOLOGY and MANAGEMENT**
in Rzeszow, POLAND



6 REASONS TO STUDY DIETETICS:

- Rewarding career making a significant contribution to improving people's health
- Employment of dietitians is projected to grow 8% in the next decade
- Dietetics runs parallel to both the medical and fitness sector
- Self-employment and freelance work are possible within a clinical setting, sports and private healthcare sectors, as well as in the food industry, in public relations and the media
- Possibility of scientific development
- Learning about eating habits of different cultures around the world

NAME OF THE PROGRAMME: BACHELOR OF SCIENCE IN DIETETICS

MAJOR: Dietetics

STUDY DURATION: 3,5 years (7 semesters)

LANGUAGE OF INSTRUCTION: English

STUDY MODES: Full-time

WINTER INTAKE: Recruitment starts April 26th 2021 and will last until September 30th 2021

TUITION FEE: EUR 2100 per semester (EUR 4200 payable upfront for the first year of study)

THE APPLICATION FEE: The application fee including postage of the original documents (non-refundable) EUR 200

APPLY HERE: LINK

ABOUT THE PROGRAMME

Globally, our awareness of the importance of a healthy lifestyle along with the increasing frequency of chronic diseases determined the demand for services in the field of diet therapy. Studies at UITM include: Dietary counseling and Dietetics in cancer diseases. During the course students obtain detailed knowledge and skills in the field of human anatomy and physiology, nutrition, technology of preparing dietary meals, prevention of lifestyle-related diseases and the importance of psychology in nutrition. Students learn to work with modern diagnostic equipment and use specialized software to compose meal plans. Our practical dietetics training, which is made up of 960 hours is organized in hospital departments, specialist or general clinics, nurseries, hospitals for adults and children, metabolic diseases and / or digestive system disease clinics, social welfare homes, restaurants and other mass catering establishments.

TEACHING AND LEARNING

The programme includes several different forms of classes. During lectures you will be able to gain theoretical knowledge. Exercises, practical classes and laboratories take place in smaller groups in order to offer you as much support from the teacher as possible. The programme includes classes in the following laboratories: Laboratory of Immunology and Biochemistry, Laboratory of General Biology and Microbiology and the Laboratory of Molecular Biology. Moreover, the programme comprises of 960 hours of internships, which will take place in a number of health care institutions.



PROGRAMME STRUCTURE

YEAR 1

- English language
- Information technology
- Psychology
- Safety and hygiene of education conditions
- Human anatomy
- Medical biology and genetics
- Human physiology
- Parasitology
- General and food microbiology
- Food chemistry
- Food hygiene and toxicology
- Basics of dietetics
- Nutrition of a healthy person
- Law regulations for practicing the profession of a dietitian
- Physical education
- Effective communication with the patient

YEAR 2

- General and food

biochemistry

- Immunology and allergology
- Pathophysiology
- Laboratory diagnosis
- First aid
- Sociology
- Statistics in dietetics
- Food technology and gastronomic technology
- Commodity science and processing of agricultural products
- 2 x major subjects
- 2 x specialty subjects of your choice

YEAR 3

- Pediatric and geriatric dietetics
- Clinical outline of diseases
- Nutritional pharmacology and pharmacotherapy with assessment of drug interactions with food
- Analysis and evaluation of food quality
- Food technology and

gastronomic technology

- Organization of the work of mass catering establishments
- Nutrition in hospitals
- 2 x major subjects of your choice
- 2 x specialty subjects
- Diploma Seminar

YEAR 4

- Nutrition education with elements of public health
- Clinical nutrition
- 2 x major subjects of your choice
- Diploma Seminar

MAJOR SUBJECTS THAT YOU CAN CHOOSE:

- Genetically modified food
- Food traditions in the world
- Nutrigenomics
- Health Coaching
- Nutrition for pregnant and lactating women
- Oncodietetics

- Alternative diets

- Nutritional assessment with elements of anthropometry

SPECIALTY SUBJECTS

DIETARY COUNSELING:

- Nutrition in lifestyle diseases
- Dietary counseling with elements of diet therapy
- Psychogenic eating disorders
- Legal and organizational basics of economic activity in the field of dietetics

DIETETICS IN CANCER DISEASES

- Basics of care for an oncological patient
- Diet treatment of side effects of oncological treatment
- Clinical outline of cancer diseases
- Dietary recommendations for cancer diseases

CAREER OPPORTUNITIES

- Dietitian in public and private health care units
- Dietitian in social welfare homes
- Dietitian in kindergartens and schools
- Teacher and scientist at University
- Dietitian at catering companies
- Cooperation with athletes and sports clubs
- Freelance and Self-employment

ENTRY REQUIREMENTS

- Secondary School certificate (original document and sworn translation into English or Polish) with Apostille or legalized by the Polish Embassy (check the list of members of the Hague Convention Abolishing the Requirement of Legalisation for Foreign Public Documents).
- English Certificate (which confirms knowledge of English as a foreign language at least at B1 level or higher in accordance with the Common European Framework).
- Certificate of vaccination against hepatitis B
- Health certificate including a clause that the student is in good health and there are no contraindications to study at the University of Information Technology and Management.



ABOUT UITM



Quality Education
affordable tuition fees



Diploma
recognised worldwide



Cisco, Apple, Microsoft
training programmes



Olimp Laboratories, Euroimmun Polska, Flos
strategic business partners for each programme



Prestigious Certificates
free for our best students



Internship at
International Companies



Great job opportunities
in global industries



Mobility
with EU Universities



Internationalisation
students from 50 countries



Unique students experience
in Europe