

# My Erasmus+ Journey in Rome: A Semester of Growth and Discovery

## Academic Experience

Studying economy in Rome was both enriching and demanding. The courses provided a fresh perspective on European economic systems, international trade, and sustainable business practices. The professors were highly knowledgeable, offering insightful lectures and engaging discussions that broadened my understanding of global economic trends. The interactive learning methods, including case studies and group projects, enhanced my analytical and problem-solving skills.

Additionally, collaborating with students from different countries introduced me to diverse viewpoints and approaches to economic issues. This exposure to a multicultural academic environment strengthened my adaptability and communication skills, which will undoubtedly benefit my future career in business and management.



## Cultural Immersion

Living in Rome was like stepping into a history book. Every day was an opportunity to explore the city's rich cultural heritage, from the awe-inspiring Colosseum to the charming streets of Trastevere. I visited world-famous landmarks such as the Vatican, the Pantheon, and the Trevi Fountain, each carrying centuries of history and artistic brilliance.

Beyond sightseeing, I immersed myself in Italian culture by enjoying traditional cuisine, learning basic Italian phrases, and participating in local events. Sharing meals with new friends over authentic pasta and espresso became a cherished daily ritual. The warmth and hospitality of the locals made me feel at home, and I quickly adapted to the Italian way of life.



### **Personal and Professional Growth**

One of the most valuable aspects of my Erasmus+ experience was the personal growth it brought me. Living in a foreign country required independence, resilience, and adaptability. Navigating a new city, handling academic responsibilities, and making international friendships all contributed to my confidence and self-reliance.

Professionally, the experience enhanced my global outlook and networking skills. Meeting students, professors, and professionals from different backgrounds expanded my professional connections and deepened my understanding of international business dynamics. This semester abroad has prepared me to approach future challenges with an open mind and a proactive attitude.

### **Conclusion**

My Erasmus+ semester in Rome was an unforgettable experience that shaped me academically, culturally, and personally. It reinforced my passion for international business and economics while allowing me to develop skills that will benefit my future career. I encourage every student to take advantage of such opportunities, as studying abroad opens doors to new perspectives, friendships, and lifelong memories.

Grazie, Rome, for an incredible journey. I will always cherish the lessons learned and the friendships made during this adventure!